

Keep thermostat set at 68° in winter, 78° in summer

Why: Setting your thermostat to 68 degrees in the winter and 78 degrees in the summer will save 690 pounds of CO₂ annually. If that's a change of 3 degrees or more (72 degrees can be considered the "normal" temperature setting), you can prevent the emission of almost 1,100 pounds of CO₂ annually. Of course, if you already keep your thermostat lower than this in winter and warmer than this in summer, keep it up! (But what if I'm too hot or too cold?)

How: Set it and forget it! You can also buy a programmable thermostat. Kansas City Power & Light customers can request an Energy Optimizing programmable thermostat from KCP&L.