Average household reduction of CO2 emissions: 57 pounds a year

How

Stop using drive-through windows since just 10 minutes of idling per day adds more than 50 pounds of carbon monoxide, particles, nitrogen oxides and other toxic gases to the air per year. If you are going to be idling for more than 30 seconds, simply turn off your car because idling will emit more air pollution than if you turn your car off and on again, according to the Mid-America Regional Council.

Why

Idling vehicles can create air pollution "hot spots" that can bring on an asthma attacks and make even healthy children and adults feel poorly. Plus, ten minutes of idling per day can use as much as \$180.00 worth of gas per year. Wasted gasoline adds up to lots of wasted dollars – and it doesn't even get you anywhere!