

Use Canvas Bags instead of paper or plastic

Average household reduction of carbon emissions: 780 pounds a year

How

Purchase canvas bags or use some you already own to transport your groceries instead of using plastic or even paper bags. Keep them in your car or some other place where you will have them on hand when it is time to shop.

Why

“Free” plastic bags ultimately cost both consumers and the environment. Each year billions of bags end up as ugly litter that breaks down into tiny toxic bits polluting our soil, river, lakes and oceans. The production of plastic bags requires petroleum and often natural gas, both non-renewable resources that put off greenhouse gas emissions. Additionally, prospecting and drilling for these resources contributes to the destruction of fragile habitats and ecosystems around the world.